

Directory of Human and Social Services Available to Guilford Residents

Agency on Aging of South Central Connecticut

One Long Wharf Drive, New Haven, CT 06511; 203-785-8533

www.aopartnerships.org

The Agency on Aging of South Central Connecticut (AASCC) is a private, nonprofit organization incorporated in 1974. It is designated as an Area Agency on Aging (AAA), one of five regional AAA's in the state of Connecticut. It works to provide a continuum of opportunities, care and support services that allow seniors and people with disabilities to remain in their homes and communities, avoiding unwanted and unnecessary institutionalization, and to age in place with dignity, respect and maximum independence. It does this by providing area planning, advocacy, distribution and monitoring of state and federal grants, information and referral and health insurance counseling, and comprehensive in-home assessment visits and case management of supportive home services through the Connecticut Home Care Program for Elders.

American Red Cross South Central Connecticut Chapter

703 Whitney Avenue, New Haven, CT 06511; 203-787-6721

www.arcsct.org

Catholic Charities, Archdiocese of Hartford, Inc.

652 Boston Post Road, Guilford, CT 06437; 203-787-2207

www.ccaoh.org

Mental Health Services, Parenting Education Classes

Charlie's Closet

Recycled medical equipment; see Guilford Interfaith Ministries

Community Dining Room, Inc.

30 Harrison Avenue, Branford, CT 06405; 203-488-9750

pkral@communitydiningroom.org

www.communitydiningroom.org

The Community Dining Room provides nutritional support and free hot meals to the south central Connecticut shoreline. We offer lunch every day, Saturday morning breakfast, Tuesday evening family dinner and a home delivery program for frail elderly and others unable to prepare meals for themselves.

Community Health Center, Inc

635 Main Street, Middletown, CT 06457; 860-347-6971

www.chc1.com

Healthcare Services - Medical, Dental and Mental Health

Connecticut Department of Children and Families (DCF)

121 Main St. Extension, Middletown, CT 06457; 860-638-2100

www.ct.gov/dcf

Connecticut Department of Developmental Services (DDS)

www.ct.gov/dds

Connecticut Department of Health and Addiction Services (DMHAS)

www.ct.gov/dmhas

Connecticut Department of Social Services (DSS)

117 Main Street Extension, Middletown, CT 06457; 860-704-3100

www.ct.gov/dss

Connecticut Legal Services

62 Washington St., Middletown, CT 06457; 800-453-3320

www.connlegalservices.org

Legal assistance for low-income residents of CT

The Cove Center for Grieving Children

250 Pomeroy Ave., Ste. 107 Meriden, CT 06457; 203-634-0500

jessica@covect.org

www.covect.org

Providing comprehensive grief support services to children ages 4-18 and their families

Domestic Violence Services of Greater New Haven (a program of Birmingham Group Health Services, Inc.)

P.O. Box 1329, New Haven, CT 06505; Business: 203-865-1957, Hotline: 203-789-8104, Fax: 203-562-9450

www.dvsgnh.org

Services for victims of domestic violence, including 24-hour hotline, emergency shelter, advocacy in criminal and civil courts, individual counseling for older teenagers and adults, support groups, and community education programs for professionals, community groups and students about the issue of domestic violence and resources.

E.R.A.C.E. East Shore Regional Adult and Continuing Education

Branford High School, 185 East Main Street, Branford, CT 06405; 203-488-5693

pdzialo@branford.k12.ct.us

www.erace-adulted.org

Our educational programs include the following: High School Credit Diploma Program, GED (General Educational Development), NEDP (National External Diploma Program), ABE (Adult Basic Education), ESL (English as a Second Language) and Citizenship Preparation Program. ERACE also offers a variety of enrichment programs.

Friendly Visiting Program

Weekly social visits; see Guilford Interfaith Ministries

Guilford Before & After School Care Program

280 South Union Street, Guilford; 203-453-0045, kellyroseann@yahoo.com

www.guilfordbeforeandafterschoolcare.com

Before School Care, AM & PM Kindergarten Care, After School Care. Hours: 7 am - 6 pm, Location: A.W. Cox, Calvin Leete, Guilford Lakes Elementary Schools

Guilford Center for Children

53 Park Street, Guilford, CT 06437; 453-8050, 453-8048

guilforddaycare@snet.net

www.guilforddaycare.com

Our NAEYC-accredited program provides care and education for preschoolers while their parents work. We offer a sliding fee scale for income-eligible families.

Guilford Food Bank

45 Stone House Lane, Guilford CT 06437; 203-453-8009 or 8359

www.gimct.org

The Guilford Food Bank is jointly directed by the Town of Guilford, CT and Guilford Interfaith Ministries, and provides food to any Guilford resident in need.

Guilford Housing Authority

Guilford Court, 32 Guilford Court, Guilford, CT 06437; 453-6262

gharsc32@yahoo.com

Boston Terrace, 41 Boston Terrace, Guilford, CT 06437; 453-5336

gharsc24@yahoo.com

No website

Affordable housing for the elderly and disabled.

Guilford Interfaith Ministries

310 State St, Unit 200, Guilford, Ct 06437; 203-458-8359

www.gimct.org

Meals on Wheels, Friendly Visiting (weekly social visits) and Charlie's Closet (recycled medical equipment)

Guilford Parks, Recreation & Seniors Program

32 Church Street, Guilford, CT 06437; 203 453-8086

www.guilfordparkrec.com

Provides transportation, hot meals, classes, programs, trips, resource, referrals, notary, Medicare/insurance assistance.

Guilford Public Schools Pupil Services

www.guilford.k12.ct.us/district_information/pupil_services/

Guilford Social Services

263 Church Street, Guilford, CT 06437; 203-453-8009, fax 203-453-8406

socialservices@ci.guilford.ct.us

<http://www.ci.guilford.ct.us/>

(click on Town Departments)

Essential services are available on a local level at Guilford Social Services (GSS) to help in-crisis residents. GSS serves as an intake sites for the State Energy Assistance, OPM Renters Rebate program and Operation Fuel, Service Unit Extension for the Salvation Army, coordinating office for the Guilford Food Bank, Guilford Welfare Gift Fund administration providing emergency relief for limited basic needs, Office of Municipal Agent to the Elderly, state mandated to assist elders, providing them with information and referrals to services and benefit programs, and coordinating office of local clothing and holiday relief programs. GSS serves as a general referral source providing application, liaison and limited case management assistance.

Guilford Youth & Family Services

36 Graves Avenue, Guilford, CT 06437; 453-8047; landryl@ci.guilford.ct.us

<http://www.ci.guilford.ct.us/>

(click on Town Departments)

Mental Health Clinic for children up to 18 years old; prevention programs in the schools

Guilford Youth Mentoring

605 New England Road Guilford, CT 06437; 203-453-2741 Ext. 269

solomonb@guilford.k12.ct.us or ottl@guilford.k12.ct.us

www.guilford.k12.ct.us

We are a unique partnership between Guilford schools and community businesses/organizations that provides mentors to school children. Our mentors are caring adults from the community who volunteer one hour per week to spend with a child in the school setting during the school day.

Harbor Health Services, Inc.

14 Sycamore Way, Branford, CT 06405; 203-483-2630

www.harborhealthservices.org

Comprehensive community-based services for adults with serious behavioral health needs

Harbor Health Services Clothing Bank

30 Harrison Avenue, Branford, Ct 06405; 203-483-2643

Infoline--United Way of CT 2-1-1

Dial 2-1-1 or 1-800-203-1234; infoline@ctunitedway.org

www.211ct.org

Statewide human/community service information and referral with specialized services in childcare, child development and HUSKY health care

Lifeline Corporation

2785 Boston Post Rd., Guilford, CT 06437; 203-483-0399; lifline@sbcglobal.net

No website

Provides a variety of peer driven support services for people who are in or seeking recovery from substance use disorders.

Literacy Volunteers Valley Shore, CT, Inc

25 Middlesex Turnpike, Essex, CT 06426; Phone: 860-767-1202,

Fax: 860-767-1038; lvvs@snet.net

www.vsliteracy.org

LVVS trains volunteer tutors to work mainly with adult students in the 11 shoreline towns including Guilford in Basic Reading and/or English as a Second Language.

Meals on Wheels

See Guilford Interfaith Ministries

Medicare

www.medicare.gov

See also Agency on Aging, which provides free local Medicare counseling

Mutual Housing Association dba NeighborWorks New Horizons

235 Grand Ave., New Haven, CT 06513; 203-562-4514

www.nwnh.net

Affordable housing

Orchard House Medical Adult Day Center

421 Shore Drive, Branford, CT 06405; 203-481-7110

info@orchardhousecare.org

www.orchardhousecare.org

Medical Adult Daycare Center

Planned Parenthood of Southern New England,

Old Saybrook Health Center, 263 Main St., S203, Old Saybrook, CT 06475;

860-388-4459

www.PPCT.org

Affordable and confidential reproductive health care services for women & men

Rushford Center Inc, Middletown

1250 Silver St. Middletown CT. 06457; 860 346-0300 x 125

eranganathan@rushford.org

www.rushford.org

Older Adult Services include home visits, a recovery group at Rushford Middletown and presentations to professionals who work with seniors on substance abuse in older adults. Rushford also offers all levels of care including residential, detox, halfway house and outpatient day and evening programs for substance abuse and mental health.

SARAH, Inc.

246 Goose Lane, Ste. 101, Guilford, CT 06437; 203-458-4040

info@sarah-inc.org

www.sarah-inc.org

SARAH, Inc. is a non-profit community service provider committed to providing advocacy, services and supports for people with intellectual and other disabilities and to promoting opportunities for full inclusion in their communities. SARAH, Inc. serves children and adults with disabilities in communities across the greater New Haven and shoreline areas. We offer an array of services and supports for children and adults of all ages and abilities: Birth to Three early intervention; Family and Children Center; work and life skills training; supported employment; recreation and leisure services; advocacy and more.

SARAH, Inc., KIDSTEPS

51 Boston Post Road Unit 9 Madison, CT 06443; 203-318-3692

KIDSTEPS@sarah-inc.org

www.sarah-inc.org

KIDSTEPS is comprised of two distinct programs: 1) Birth to Three - an early intervention, state approved program of services for children that addresses any identified developmental delays and disabilities. 2) Family and Children's Center - provides support services for families and children birth through twelve years old.

Sexual Assault Hot Line

Toll free 888-999-5545

See Women and Families Center

Social Security Administration

www.ssa.gov

VFW: Edward A. Norton Veterans of Foreign Wars Post 7666

P.O. Box 173, Guilford or 104 Mill Rd, Guilford; (203) 535-6640

www.guilfordvfw.com

The V.F.W. is a veteran support organization that helps local veterans with making contact with services that are available to them.

VNA Community Healthcare

753 Boston Post Rd., Guilford Ct; 203-458-4200

www.connecticuthomecare.com

Home care: nurses, physical therapy, occupational therapy, speech therapy and psychiatric nursing. Flu shots. Numerous health and wellness services and classes. Family caregiver support and resource centers. Helpline for various eldercare questions: toll free (866) 474-5230

Women Infants and Children Program

Department of Public Health, 410 Capitol Avenue MS #11WIC, P.O. Box 340308, Hartford, CT 061345-308; Toll free 800-741-2142

The Special Supplemental Nutrition Program for **Women, Infants, and Children** – better known as the WIC Program – serves to safeguard the health of low-income women, infants, & children up to age 5 who are at nutritional risk by providing nutritious foods to supplement diets, information on healthy eating, and referrals to health care.

www.ct.gov/dph/cwp/view.asp?a=3137&q=395460&dphNav_GID=1862&dphPNavCtr=%7C#48077

Women and Families Center

1440 Whalley Avenue, New Haven, CT 06515; 203-389-5010

169 Colony Street, Meriden, CT 06451; 203-235-9297

www.womenfamilies.org

The Women and Families Center offers support services and support groups for survivors of sexual violence and their loved ones. We will also provide accompaniment and advocacy through medical, police, and legal systems. 24 hour statewide hotline 1-888-999-5545 En Espanol 1-888-568-8332

We will also provide accompaniment and advocacy through medical, police, and legal systems.

Women & Family Life Center

96 Fair Street, Guilford, Ct 06437; 458-6699, info@womenandfamilylifecenter.org

www.womenandfamilylifecenter.org

WFLC is a non-profit organization serving women and their families by providing programs in education, wellness, and support as well as referral services.

Further Information: for a regional directory see

www.ci.guilford.ct.us/Main%20Menu/Community%20Services.pdf

