

LAKE ALMANOR

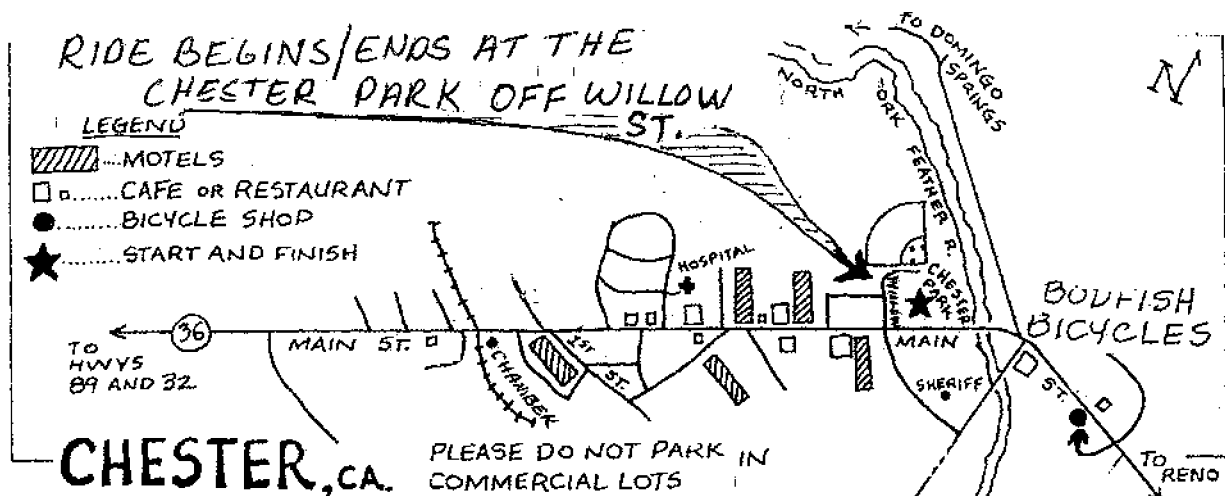
INDIAN VALLEY



**CHESTER/LAKE ALMANOR CHAMBER OF COMMERCE**  
529 Main Street • P.O. Box 1198 • Chester, CA 96020  
(530) 258-2426 • (530) 258-2760 Fax  
[www.chester-lakealmanor.com](http://www.chester-lakealmanor.com)

***Start and Finish  
at the CHESTER PARK***

***LIMITED TO FIRST 500 REGISTRANTS!***



**Food** — Yes, and lots of it and even better than before! High quality natural food and beverages to satisfy the heartiest of appetites. We will be supplying you with ample nourishment and encouragement along the route. Century riders are rewarded with a delicious lunch in Taylorsville.

**Clothing** — Mountain weather can be unpredictable! Summer temperatures can range from 28 to 98 degrees, you can expect afternoon thunderstorms - so be prepared! The Mile High Hundred will take place rain, shine or volcanic eruption. Weather is guaranteed.

**Helmets** — Are most definitely required. Only those with brains will wear them.

**Rules of the Road** — Obey them! Not much has changed in the twenty years of this event, we have a good thing going in Plumas County, drivers are courteous and cyclists are not considered “a problem” by law enforcement or local motorists...We’d like to keep it that way! We insist that you obey all stop signs and give appropriate hand signals when turning. Ride as far to the right as is practicable and watch for oncoming cars and trucks illegally passing in your lane. “Sag Wagon” volunteers will be monitoring the ride if someone needs a lift, minor bike repairs or water. **Route will be clearly marked on the asphalt and road signs. Newly revised map included with registration.**

**Lodging** — Campsites are plentiful in the Almanor Basin, especially in June. There are also numerous resorts around the lake and motels in Chester. Call the Chamber of Commerce at 530-258-2426 or visit their website at [www.chester-lakealmanor.com](http://www.chester-lakealmanor.com).

**End-of-Ride Feast:** — **The Elks Lodge’s spaghetti feed.** Enjoy a delicious post-ride spaghetti meal with all the trimmings and dessert prepared by the Chester Elks, served from noon to 6:00 p.m. Free to all registered riders. Meal tickets for family or friends are available for \$7.00 each. Relax by the river at the Chester Park and enjoy musical entertainment or even a massage!

**T-Shirts** — Short sleeve and tanks, adult sizes S - XXL, \$15.00 each. Tank tops in mens and womens styles available. Pre-paid orders recommended as supplies and sizes are limited on ride day.

**Check-In and Start Time** — Riders may check-in or register on Friday, June 23<sup>rd</sup> between 6:00 and 9:00 p.m. or on Saturday, June 24<sup>th</sup> between 6:00 and 9:00 a.m. at the Chester Park. **Please do not start the ride before 7:00 a.m.** or you will miss the first rest stop.

# REGISTRATION FORM

## for the *2006 Mile High Hundred*

(one form per rider please, photocopies acceptable, please print clearly)

Name: \_\_\_\_\_ Age: \_\_\_\_\_

Mailing Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Email Address: \_\_\_\_\_ (if you would like to be notified of future rides)

Phone: \_\_\_\_\_ Emergency: \_\_\_\_\_ Returning Rider? Yes \_\_\_\_\_ No \_\_\_\_\_

### Ride Preference: (Add \$5.00 after June 10, 2006)

Century (108 miles)  
\$35.00 \_\_\_\_\_

Metric (56 miles)  
\$25.00 \_\_\_\_\_

Half Metric (33 miles)  
\$25.00 \_\_\_\_\_

### Pre-Paid T-shirts/Tanks - \$15.00 (Please circle size)

Adult Short Sleeve T-shirt:

S M L XL XXL

Adult Tank Top:

S M L XL XXL Men's or Women's style? M W

**Make checks payable to: The Chester/Lake Almanor Chamber of Commerce  
P.O. Box 1198 • Chester, CA 96020**

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## RELEASE FORM AND WAIVER OF LIABILITY FOR THE 2006 MILE HIGH ONE HUNDRED BICYCLE RIDE

**Notice - This is a contract with legal consequences! Read carefully before signing!**

*In submitting this form for entry in the Mile High Hundred Bicycle Ride, and in signing this form for myself (or if under 18 years of age by my parents or legal guardian), I hereby freely agree to waive, release and discharge, in advance the promoters, sponsors (and their respective agents and employees), Bodfish Bicycles and Quiet Mountain Sports, Chamber of Commerce, cooks, sag vehicle drivers, Girl Scouts and volunteers from and against any liability arising out of or connected with in any way, my participation in said event, even though that liability may arise out of negligence or carelessness on the part of the persons or entities mentioned above.*

*I further understand that serious accidents occasionally occur during bicycle riding events and that participants in bicycle events occasionally sustain mortal or serious personal injuries and or property damage as a consequence thereof. Knowing the risks of bicycle riding and attending a group event, nevertheless, I hereby agree to assume those risks and to release and hold harmless all of the persons or entities mentioned above might otherwise be liable to me (or my heirs or assigns) for damages. I further attest that I am physically fit and have sufficiently trained for this event.*

*I have carefully read this release and waiver of claims and an agreement not to sue and a contract between myself and the above mentioned parties, I sign of my own free will.*

Signature: \_\_\_\_\_

Date: \_\_\_\_\_

If under 18, Parent Signature: \_\_\_\_\_

Date: \_\_\_\_\_

THE CHESTER/LAKE ALMANOR CHAMBER OF COMMERCE,  
THE ELKS LODGE AND CHESTER GIRL SCOUTS INVITE YOU TO RIDE THE

24TH ANNUAL

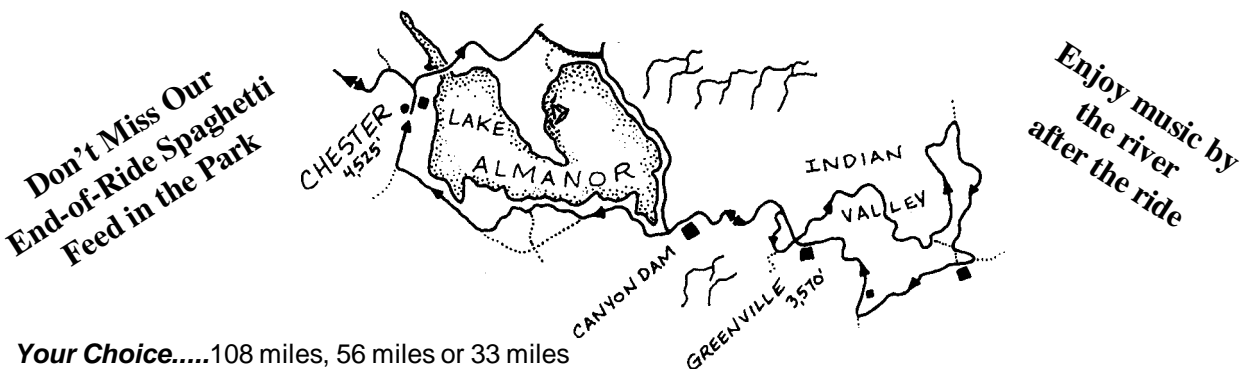
# *Mile High Hundred*

SATURDAY, JUNE 24, 2006

This ride gets better every year! Start and finish location (4th year) for all rides, at the Chester Park on the Feather River (Main Street and W. Willow Street). Registration will also be at the park. We are happy to present live musical entertainment, the Elks Lodge's delicious spaghetti feed and massage therapy.

Located where the scenic Southern Cascades bump into the gentle Northern Sierra, the Mile High Hundred will treat you to a quiet day on the backroads that wander through the lush green forests surrounding Lake Almanor and the Indian Valley.

This is not a race but a collection of tours for cyclists of all abilities. The purpose of this event is to promote recreational bicycling "under the volcano" in the shadow of Northern California's incredible Lassen Peak. Proceeds from this event are invested in organized recreation in the Almanor Basin and support for the Chester/Lake Almanor Chamber of Commerce.



**Your Choice.....**108 miles, 56 miles or 33 miles

**Century Ride (108 miles)** — This is a relatively easy ride by century standards. It takes you around Lake Almanor and through the peaceful Indian Valley.

**Metric Century (56 miles)** — This ride encompasses the entire Almanor basin. It is recommended for those of you who desire a challenging loop without the distance and the bigger climbs in the full century.

**Half Metric Century (33 miles)** — Take your time and enjoy the mountain vistas and the clean air. This is the ride for those wanting a nice leisurely ride around Lake Almanor, the one million acre foot gem on the North Fork of the Feather River.

**Entry Fees** — Checks must be received by **June 10, 2006** - after this date, add \$5.00

Century Ride — \$35.00.....Metric Century — \$25.00.....Half Metric Century — \$25.00