

Pamela B Prine and Kimberle Dyer of
Keystone Capital Management Group, LLC,
are excited to host the

2019 Quarterly

BOOK CLUB!

Our chosen book for
the 2nd quarter is

THE 5 SECOND RULE

BY MEL ROBBINS



Do you ever find yourself making to-do lists and then not following through on them? Like every single day? Or thinking to yourself, “What the heck is wrong with me? I know what I’m supposed to be doing, why can’t I just do it?” Trust me. I AM YOU. *If you don’t start doing the things you don’t feel like doing, you will wake up one year from today and be in exactly the same place.*

So here’s the one-liner definition of the 5 Second Rule:

If you have an impulse to act on a goal, you must physically move within 5 seconds or your brain will kill the idea. Whatever your goals are, show the world, and yourself, that you’re serious by taking action, however insignificant that action may seem, **RIGHT NOW**. Because when you physically move, your brain starts to build new habits. When you do something you’re not used to doing, you are in the act of building new habits and erasing existing ones.

Act now ~ Get the book, RSVP for April 11th and Get Reading!!

Thursday, April 11, 2019

HELD AT THE OFFICE OF
Keystone Capital Management Group
7055 W. Bell Road Suite 12
Glendale, AZ 85308

ONE SESSION ONLY - 6:00-8:00 pm

Register online at www.keystonegroupaz.com
or call 623-299-9710

BOOK CLUB 2019 SCHEDULE - January 10th • April 11th • July 11th • October 10th



KEYSTONE
CAPITAL MANAGEMENT GROUP, LLC

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“Helping women take charge of their financial situation does more for their self-esteem and sense of inner serenity than years of therapy focusing on peripheral issues.”

- Eleanor Blaney, Women’s Worth - Finding Your
Financial Confidence, Copyright 2010

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