

INDEPENDENT LIVING | ASSISTED LIVING | MEMORY CARE



KEEPING RESIDENTS ENGAGED. PROVIDING ESSENTIAL SERVICES.

At Inspira Arrowhead, in response to COVID-19 we have established many new protocols to protect our residents and employees, while preventing the spread of the Coronavirus. But that doesn't mean life stops, and we are still providing our residents with the essentials of every day life - while doing our best to protect them.

We take the worry out of our residents and families by:

- Providing chef prepared meals three times a day in your apartment.
- There is no need for residents to go grocery shopping in search of sanitizer or toilet paper - we have all the supplies they need.
- **No social isolation** we are keeping our residents engaged with scavenger hunts, trivia contests, hallway happy hours and more.
- We check on our residents several times a day to make sure everyone is doing all right.
- We have a doctor that will make house calls no need to visit your primary care physician during this time.

To learn more about Inspira Arrowhead and what it has to offer, please call **623-235-6400** or email **Ihiguera@cadencesl.com**

