## 10/1 -11/26/24

## Now Accepting Registrations

LaGrange County FitKids360 is a free program that meets once/week over 9-weeks combining basic education about nutrition, behavior, and exercise with a wide range of physical activities and FUN!







## **REFERRAL METHODS**

- Epic Ref300
- Fax (260) 266-0065
- Call (260) 278-0367

Check out the website below to learn about what this program offers!

https://www.parkview.com/health-resources/fitkids360

For more information about the LaGrange County FitKids360 program contact Christina Blaskie, Leader Community Health, Parkview LaGrange Hospital (260) 278-0367 or christina.blaskie@parkview.com.