

RATES for Classes

Drop in Rate \$10

Credit Card, Venmo, PayPal through momoyoga website or
Cash or Check payment methods.



February Schedule

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 5:30-6:30 am Hatha Flow 5:00-6:00 pm Beginner Flow	2	3 5:30-6:30 am Yoga w/ Weights 7:00--8:00 pm Restorative	4 6:00-7:00 pm Hatha Flow	5	6 8:00-9:00 am Hatha/Flow 9:30-10:30 Chair
7 5:00-6:00 pm Athlete Yoga	8 5:30-6:30 am Hatha Flow 5:00-6:00 pm Beginner Flow	9	10 5:30-6:30 am Yoga w/ Weights 7:00--8:00 pm Restorative	11 6:00-7:00 pm Hatha Flow	12	13 8:00-9:00 am Hatha/Flow 9:30-10:30 Chair
14 5:00-6:00 pm Athlete Yoga	15 5:30-6:30 am Hatha Flow 5:00-6:00 pm Beginner Flow	16	17 5:30-6:30 am Yoga w/ Weights 7:00--8:00 pm Restorative	18 6:00-7:00 pm Hatha Flow	19	20 8:00-9:00 am Hatha/Flow 9:30-10:30 Chair
21 5:00-6:00 pm Athlete Yoga	22 5:30-6:30 am Hatha Flow 5:00-6:00 pm Beginner Flow	23	24 5:30-6:30 am Yoga w/ Weights 7:00--8:00 pm Restorative	25 6:00-7:00 pm Hatha Flow	26	27 8:00-9:00 am Hatha/Flow 9:30-10:30 Chair
28 No Classes Feb. 28 - March 5 - New Session starts March 6						NEW SESSION 6 8:00-9:00 am Hatha/Flow 9:30-10:30 Chair