FOR IMMEDIATE RELEASE
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CONTACT:

Stephanie Nelson
Marketing and Communications Coordinator
snelson@vnatc.com
772.978.5515

VNA Home Health offering no-cost community wellness screenings in December

MELBOURNE, Florida – (Thursday, November 15, 2018) – VNA Home Health is offering the following no-cost community wellness screenings throughout Brevard County this December:

Blood Pressure and Blood Sugar Screenings:

- December 5   9:30 a.m. – 11:00 a.m.   Cocoa Beach Public Library 550 N. Brevard Ave, Cocoa
- December 6   9:00 a.m. – 11:00 a.m.   Greater Palm Bay Senior Center 1275 Culver Dr. N.E., Palm Bay
- December 7   11:00 a.m. – 12:00 p.m. AARP Indian Harbor Beach Recreation Center 1233 Yacht Club Blvd
- December 10   9:30 a.m. – 10:30 a.m.   Satellite Beach Civic Center 565 Cassia Blvd, Satellite Beach
- December 13   8:30 a.m. – 9:30 a.m.   Ascension Manor 2960 Pineapple Ave, Melbourne
- December 13   10:30 a.m. – 12:00 p.m. Sunflower House Merritt Sq. Mall, Suite 201, E. Merritt Island Causeway, Merritt Island
- December 18   9:30 a.m. – 11:30 a.m.   Melbourne Public Library 540 E. Free Ave, Melbourne
- December 28   8:30 a.m. – 10:30 a.m.   Cocoa Beach Health and Fitness 1355 N. Atlantic Ave, Cocoa Beach

For morning blood sugar tests, you will need to fast from midnight on.

Blood Pressure Screenings:

- December 3   10:30 a.m. – 11:30 a.m. Indian River Fitness 8000 Ron Beatty Blvd, Micco
- December 10   11:30 a.m. – 1:00 p.m.   Daily Bread 815 East Fee Ave, Melbourne
- December 11   10:30 a.m. - 1:00 p.m.   Wickham senior center 2785 Leisure Way, Melbourne
- December 18   12:00 p.m. – 1:00 p.m.   Cape Canaveral Library 201 Polk Ave, Cape Canaveral
- December 20   12:00 p.m. – 1:30 p.m.   South Mainland Library 7921 Ron Beatty Blvd, Micco
- December 26   12:00 p.m. – 1:00 p.m.   Palm Bay Library 1520 Port Malabar Blvd N.E., Malabar

About VNA Home Health

Since 2000, VNA Home Health has been providing home healthcare services throughout Brevard County. A 501(C)(3) non-profit, the organization also provides community wellness services such as flu vaccinations, no-cost blood pressure/blood sugar screenings, speakers on health-related topics for local community groups, and attends and sponsors several health expos throughout Brevard County. VNA Home Health is affiliated with the Visiting Nurse Association of the Treasure Coast (VNA), which has been serving Indian River County for over 40 years. For more information about VNA services, call 321-752-7550 or visit www.vnatc.com.

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