



FOR IMMEDIATE RELEASE

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VNA Home Health offering no-cost community wellness screenings in January

MELBOURNE, Florida – (Tuesday, December 11, 2018) – VNA Home Health is offering the following no-cost community wellness screenings throughout Brevard County this January:

Blood Pressure and Blood Sugar Screenings:

- January 2, 2019 9:30 a.m. – 11:00 a.m. Cocoa Beach Public Library 550 N. Brevard Ave, Cocoa 32931
- January 3, 2019 9:00 a.m. – 11:00 a.m. Greater Palm Bay Senior Center 1275 Culver Dr. NE, Palm Bay 32907
- January 10, 2019 8:30 a.m. – 9:30 a.m. Ascension Manor 2960 Pineapple Ave, Melbourne 32935
- January 10, 2019 10:30 a.m. – 12:00 p.m. Sunflower House Merritt Square Mall, Ste 201, Merritt Island Causeway, Merritt Island 32952
- January 14, 2019 9:30 a.m. – 10:30 a.m. Satellite Beach Civic Center 565 Cassia Blvd, Satellite Beach 32937
- January 15, 2019 9:30 a.m. – 11:30 a.m. Melbourne Public Library 540 E. Free Ave, Melbourne 32901
- January 22, 2019 9:00 a.m. – 11:30 a.m. Eau Gaille Public Library 1521 Pineapple Ave, Melbourne 32953
- January 25, 2019 8:30 a.m. – 10:30 a.m. Cocoa Beach Health and Fitness 1355 N. Atlantic Ave, Cocoa Beach 32931

**For morning blood sugar tests, you will need to fast from midnight on.*

Blood Pressure Screenings:

- January 4, 2019 11:00 a.m. – 12:00 p.m. AARP Indian Harbor Beach Recreation Center 1233 Yacht Club Blvd, Indian Harbor Beach
- January 7, 2019 10:30 a.m. – 11:30 a.m. Indian River Fitness 8000 Ron Beatty Blvd, Micco 32976
- January 8, 2019 10:30 a.m. – 12:00 p.m. Wickham Senior Center 2785 Leisure Way, Melbourne 32935

- January 14, 2019 11:30 a.m. – 1:00 p.m. Daily Bread 815 East Fee Ave, Melbourne 32901
- January 15, 2019 12:00 p.m. – 1:00 p.m. Cape Canaveral Library 201 Polk Ave, Cape Canaveral 32920
- January 17, 2019 12:00 p.m. – 1:30 p.m. South Mainland Library 7921 Ron Beatty Blvd, Micco 32976
- January 23, 2019 12:00 p.m. – 1:00 p.m. Palm Bay Library 1520 Port Malabar Blvd N.E., 32905

About VNA Home Health

Since 2000, VNA Home Health has been providing home healthcare services throughout Brevard County. A 501(C)(3) non-profit, the organization also provides community wellness services such as flu vaccinations, no-cost blood pressure/blood sugar screenings, speakers on health-related topics for local community groups, and attends and sponsors several health expos throughout Brevard County. VNA Home Health is affiliated with the Visiting Nurse Association of the Treasure Coast (VNA), which has been serving Indian River County for over 40 years. For more information about VNA services, call 321-752-7550 or visit www.vnatc.com.

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